



JULY 2024

# DOWN TO THE G.R.I.T.

Monthly Newsletter for G.R.I.T. Home Care Services dba Home Instead  
441 Lone Star Drive / Abilene, TX 79602  
(325) 670-9610 / [www.homeinstead.com/234](http://www.homeinstead.com/234) / [www.downtothegrit.com](http://www.downtothegrit.com)

## Success & Failure

Success and failure are two sides of the same coin, and how we handle them often shapes our character and future endeavors. It's easy to let success inflate our ego or allow failure to diminish our self-worth, but both reactions can lead to unfavorable outcomes.

The key to maintaining a balanced mindset lies in understanding the short-term nature of both success and failure.

**Success is a Moment not a Definition.** Success is often celebrated, and rightly so, but it's important to remember that it doesn't define your entire worth or capabilities. Letting success go to your head can lead to arrogance and complacency, blinding you to further growth opportunities. Instead, view each success as a stepping stone—a result of hard work, yes, but also of timing, support from others, and even a bit of luck. Acknowledge your achievements, but remain humble and open to learning. This attitude not only keeps you grounded but also fosters continued success.

**Failure is a Lesson not a Verdict.** Failure, on the other hand, can feel like a personal judgment. It's easy to let it weigh on your heart, leading to self-doubt and discouragement. However, failure is not the end but rather a powerful teacher. Each setback is an opportunity to learn, grow, and refine your approach. Embrace failure as part of the journey, not as a final destination. By doing so, you build resilience, the ability to bounce back stronger and wiser.

A way to approach a balance can be done by celebrating your successes but staying humble. Reflect on your failures but stay optimistic. Remember, neither success nor failure is permanent—they are both fleeting moments in the grand tapestry of your life. By keeping this perspective, you can maintain a steady course, driven by purpose rather than ego or fear.

In essence, don't let success go to your head or failure go to your heart.

**Stay balanced, stay grounded, and keep moving forward.**

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HOME INSTEAD  
441 LONE STAR DRIVE  
ABILENE, TX 79602  
(325) 670-9610

# G.R.I.T. Home Care Services dba Home Instead

We have added to our Office Staff Personal as well as our Care Professionals so I wanted to introduce us and our positions.

## G.R.I.T. Organizational Chart



*We love being locally owned now and cover 14 Counties listed below. If you or a loved one needs assistance to stay Independent wherever you live, please contact us.*

**HASKELL / FISHER / JONES / SHACKELFORD / STEPHENS / NOLAN /  
TAYLOR / CALLAHAN / EASTLAND / COKE / RUNNELS / COLEMAN /  
BROWN / MCCULLOUGH**



**Call or Email for more information  
(325) 670-9610  
[julieblair@homeinstead.com](mailto:julieblair@homeinstead.com)**



# Alzheimer's Association Kickoff Sponsor Events



Friday, August 30th from 7 a.m. - 10 a.m.  
2510 S. Treadaway Blvd.

Sponsored by

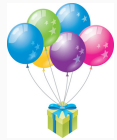
Walk to End Alzheimer's Kickoff Sponsor



Benefitting **WALK TO END ALZHEIMER'S**  
ALZHEIMER'S ASSOCIATION

Come see us and help us raise awareness to our communities and learn about the Walk to End Alzheimer's on Saturday, September 28th

Get a free purple donut with each purchase!



## JULY BIRTHDAYS

Debra P	7/5
Maria A	7/8
Dora H	7/12
Betty K	7/15
Ralph M	7/18
Steven D	7/18
Juanita C	7/22
Jessie T	7/23
Clyde J	7/30

QUESTIONS / SUGGESTIONS  
PLEASE CONTACT:  
JULIEBLAIR@HOMEINSTEAD.COM  
(325) 670-9610



To us, it's personal

### ARE YOU A COMPETITOR?

**WALK TO END ALZHEIMER'S KICKOFF  
MINUTE TO WIN IT GAMES ARE BACK  
BENEFITTING ALZHEIMER'S ASSOCIATION**



Two Man Teams / \$100 Entry Fee  
Enter for your chance to win the Trophy & 1/2 the Pot!!

All other proceeds goes to the

**ABILENE ALZHEIMER'S ASSOCIATION!**

Competition Held at Grain Theory

Friday, August 9, 2024

beginning at 4:30 p.m.

Snacks provided / drinks on you!



Contact Julie Blair to Compete / (325) 670-9610 /  
julieblair@homeinstead.com

## CAREPRO SHOUTOUT

Debra Potts is our July CarePro for outstanding service. Her clients can't say enough about her, so we want to take a moment to honor her for her compassionate heart and amazing work with our clients.



Debra has been with Home Instead for about 2 months and has already made quite an impression on our clients.

Debra is originally from Kentucky and loves to go hiking. Her favorite color is green, which totally makes sense in the hiking world.

You will know its Debra when you see her in her Home Instead shirt because she has the biggest and brightest smile in the room!

Thank you, Debra, for choosing Home Instead for the place to spread your compassion and skills to the Aging Adults & Veterans in our community.